



Ella Sutherland - High Jump at Regional Relays 2013

Bli Bli

Little Athletics

Athletes Handbook 2014-2015



Acknowledgements:

Cover Photo: by P Smith of Ella Sutherland U9 athlete 2013/14

Booklet: compiled by T Freeman

Photos: Many of the photo's used throughout the booklet have been supplied by the T Freeman, P Smith and many of athletes parents

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Mission Statement



MISSION: To develop children of all abilities by promoting positive attitudes and a healthy lifestyle through family and community



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Mobile.....0404553665

blilimechanical@westnet.com.au

Committee Welcome



Welcome to all new and returning athletes, parents, sponsors and volunteers for the 2014/15 season.

Bli Bli Little Athletics supports the philosophies of Little Athletics Queensland, promoting policies to protect and make our children safe. We aim to develop children of all abilities by promoting positive attitudes and a healthy lifestyle through family and community involvement in athletics.

The Little Athletics motto 'Family, Fun and Fitness' embraces the principles of community through involvement of the entire family each week. Parents are encouraged to participate by managing age groups, marshalling events, joining the Committee or many other jobs. If you have coaching or officiating skills then we would love your assistance so please let us know what you can offer. We are all volunteers and parents and without these positions, the Centre cannot operate.

We also could not continue without the help of our sponsors. The Committee encourages you to visit and support the businesses that support us.

This season athletes will have the chance to compete in carnivals, inter-centre meets and coaching clinics which will improve skill levels and foster new friendships. A new initiative is the inclusion of regular inter-centre meets for our U13+ athletes which will provide more competition for those athletes keen to participate. We also have a brand new Tiny Tots coordinator on-board to enthuse our youngest members. Please refer to the dates within the handbook, on our website or Facebook page or alternately the LAQ website for further information.

Your Committee each year is passionate about involving families and making the season fun. Committee meetings are held monthly and we welcome new ideas and members, just speak to one of the committee members. Remember it is **your** Committee and **your** Centre, it is up to all of us to make it work.



In closing, this is our opportunity to help our kids achieve **FAMILY, FUN AND FITNESS...** And once again, welcome to Bli Bli Little Athletics. Let's make this year fun and successful for everyone!



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Financial Supporters

Business	Address	Email	Phone
AllCoast Tyre Solutions	17 Pioneer Road, YANDINA	sales@allcoasttyres.com.au	54467444
Bli Bli Bakery	Rivermarkets - David Low Way, Bli Bli		54485060
Bli Bli Mechanical	2 Blanch Crescent BLI BLI	bliblimechanical@westnet.com.au	54486851
Bli Bli News	Rivermarkets - David Low Way, Bli Bli	bli.blinews@bigpond.com	54485077
Bli Bli Veterinary Surgery	2 Kennedy Rd, BLI BLI	peter@blliblivet.com.au	54485055
Bridges Financial Services	Suite 7, 57 The Esplanade, Maroochydore	David.ivanfy@bridges.com.au	0488841402 1300655014
Whites Supa IGA Bli Bli	Shop 1, Rivermarkets, David Low Way Bli Bli	Regan.j@whitesiga.com	54485088
Miko Sushi	Shop 3 Rivermarkets Shopping Centre 314-326 David Low Way	info@mikosushi.com.au	54486671
Nix Body Worx	Highlands Hill Rd, Maroochy River	colegus@bigpond.com	0412747574
Pacific Paradise Motel	612 David Low Way, PACIFIC PARADISE	info@paradisemotel.com.au	5448 7181
Parklakes at Bli Bli	Parklakes Drive, Bli Bli	info@parklakes.com.au	54500300
Ray White Bli Bli	David Low Way, BLI BLI	admin.blibli.qld@raywhite.com	54508111
Sculpt PT	Rhiannon_ray@bigpond.com	Rhiannon_ray@bigpond.com	0407576205
Southern Cross Sheds	1251A Nambour Connection Road, Kulangoor	admin@southerncross-sheds.com.au	54415188

Please support the businesses that support us, make a point of saying thanks from Bli Bli Little Athletics.

FAMILY ~ FUN ~ FITNESS

The Little Athletics organisation follow its motto of "**FAMILY, FUN and FITNESS**". The whole family is catered for. Children are encouraged to participate in all events offered for their age group and as they improve their skills and techniques, they improve their personal best performances.

Parent help is vital as the Centre is completely run by volunteers. Parents, Grandparents, Brothers, Sisters or Carers are encouraged to participate by becoming administrators, coaches, officials or age marshals. With athletes and families involved in one sport we can keep fit together, have fun together and meet friends together.

Remember its better to be a good sport than to be good at sport.



Financial advice makes a difference



David Ivanfy

DipFS(FP)

Authorised Representative's Number, issued
by the Australian Securities and Investments
Commission: 305390

Contact details

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57 The Esplanade
Maroochydore QLD 4558

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Centre Management

For general enquiries use the club email address info@bbla.com.au, mail to PO Box 22, Bli Bli 4560 or message us on Facebook. Emails go to all executive committee members and usually get a quick reply.

You can also contact any of the committee members via their personal email addresses listed below or come and see us in person on Saturday afternoon track meets at McMartin Park.

If you are interested in assisting with any of the committee positions at any time throughout the season please please let the committee know - there are plenty of open positions to be filled.

POSITION	NAME	Email Address
COMMITTEE		
Centre Manager	Tina Freeman	tiny_and_josh@msn.com
Assistant Centre Manager	Nicki Liddle	colegus@bigpond.com
Secretary	Position Open Paul Smith Acting	info@bbla.com.au
Treasurer	Deb Duncan	dunc95@westnet.com.au
Registrar	Brooke Dryden	brooke_dryden@hotmail.com
Team Manager	Nicki Liddle	colegus@bigpond.com
Records Officer	Brooke Dryden	brooke_dryden@hotmail.com
Promotions / Fundraising Sub Committee		
Canteen Convenor	Michelle Everett	info@bbla.com.au
Public Relations/ Promotions Officer	Position Open Deb Duncan Acting	info@bbla.com.au
Fundraising Coordinator	Position Open Tina Freeman Acting	info@bbla.com.au
Uniform Coordinator	Sam McRorie	info@bbla.com.au
Grounds /Coaching Sub Committee:		
Coaching Coordinator/ Officials Officer	Tony Northey	info@bbla.com.au
Programme Officer	Position Open Tina Freeman Acting	info@bbla.com.au
Tiny Tot Coordinator	Kylie Bishoff	
ASAP Coordinator	Position Open	info@bbla.com.au
Equipment Officer	Nicki Liddle	colegus@bigpond.com
Grounds Keeper	Richard Runham & Maroochy Northshore Lions Club	info@bbla.com.au

LIFE MEMBERS

2011	Leane Edgar
2004	Graeme & Sharon Burton
2001	Tony & Penny Northey
1994	Graham & Lillian McMartin

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General Information

Bli Bli Little Athletics is affiliated and incorporated with Little Athletics Queensland (LAQ). We are part of the Sun Coast Region including Caboolture, Caloundra, Deception Bay, Glasshouse District, Gympie, Maleny, Maroochy, Nambour, Noosa, South Burnett, University and Wamuran.

OUR SEASON

When

Mid September 2014 to Mid March 2015
Most Saturdays 2.30 pm for a 3pm start to 5pm
Check the calendar of events for detail.

Where

McMartin Park, 44 Lefoes Road, Bli Bli.

UNIFORM

Turquoise polo shirt with maroon binding around the sleeves and a maroon collar. Maroon shorts/briefs/cycle pants and short white socks.

Upon registration, you will receive:

1. Registration number to be sewn on the front of your shirt
2. Age label to be sewn on the left sleeve
3. Sponsor patches to be sewn on the right sleeve

Name and the season must be written on the registration label (ie: 14/15 Sally Pearson). Labels should be sewn on within 7 days of receipt.

SHOES

Shoes are compulsory (including Tiny Tots).

Spikes:

U13 to U17 athletes may wear spike shoes in track events (excluding walks), jumping events and javelin.

U12 athletes may only wear spike shoes in laned events, jumping events and javelin.

U11 athletes may only wear spike shoes in laned events.

Please note: For safety spike shoes must be carried to the event and removed at the completion of that event.

SUN SAFETY

Children should wear a **hat** and **30+ sunscreen** as part of our Sun Safe policy and bring a bottle of **water** to stay hydrated. Cold water is also available at the clubhouse.

FOOD AND DRINK

Fresh fruit platters are circulated throughout the afternoon offering all children fresh fruit between their events. Ice water is generally made available at the clubhouse and there is a bubbler near the BBQ area.

A basic canteen is operated offering soft drinks, water, ice blocks, lollies and crisps as a treat. The club also runs BBQ's, pie and sausage roll days and hot dog days on a semi-regular basis as an early dinner option.

INSURANCE

Every child and parent involved in Centre activities is covered by insurance upon registration.

MEETINGS

Committee meetings are held prior to competition on the first Saturday of each month during the season. All Committee members are welcome.

COACHING/TRAINING

Training sessions are provided every Wednesday at 4:30pm to teach athletes the techniques for different events as well as general health and fitness (training days are subject to change so always check the website for the latest details). Listen out at competition and watch the website for details of when additional sessions are being held.

Informal coaching is provided as opportunities arise throughout centre meets.

A **training camp** is held during the Christmas School holidays, usually during the 2nd week of January at Marantha Recreation Camp, Yandina and athletes have the choice to attend as a Boarder or Day Attendee. This is a fun camp and enjoyed by all. Watch our website for details or visit www.laq.asn.au.

NO SMOKING

All Little Athletics competition grounds and buildings are smoke free areas.





For Personal Training, Group
Fitness/Boot Camp Sessions and
Nutritional advice:

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0412 74 75 74**

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Nicki Liddle

Registration and Fees

Registration:

- | | |
|-------------|------------|
| • Tiny Tots | \$40 each |
| • U6 | \$105 each |
| • U7-U17 | \$125 each |
-
- Help Levy \$30 per family (Refundable)
 - Future Fund \$20 per family
-
- Regional/State Competitions - the club pays the nomination fees for athletes attending Regional Relays, Regional Championships, Caloundra Open Day, State Relays and State Championships
 - Other competitions are available to any athlete who chooses to nominate themselves and pay the applicable fees.

Uniforms

Club shirt (compulsory U7+) \$30 Maroon shorts \$10 (when available) short white socks maroon hat

Patches (supplied) Age patch on the left sleeve, Sponsor patches on right sleeve. Registration number on the shirt front with season and name filled in with permanent ink.

Age Groups

Athletes are placed in age groups based on their age at midnight on the 30th Sept 2014. A child who is 6 years old on 30 Sep 2014 will be placed in the under 7 age group.

Tiny tots: Children born on or after 1st October 2009 (4 year olds) are too young for full registration however, can register as a tiny tot and as soon as they turn 5 years of age they can join the under 6 age group. A parent **must** stay and assist with tiny tot activities to teach their child the basic skills from the games and equipment provided.

Help Levy

Each family pays the help levy. This is refunded at the end of the season if the family has helped out at least 12 times during the season. Help out by Assisting field/track events, Age Marshalling, Time Keeping, Canteen Assistance, Assisting at Regional and Association days, help set up competition, Working Bees, Track marking, Groundskeeping and fundraising BBQ's. OR if you have another service you can offer please talk to us.

To keep our Centre running we will need your help.... we are all volunteers.

It takes at least 20 parent volunteers to run even a simple track meet. The more help we get, the smoother and faster our track meets run, so please lend a hand each week and if you notice something that needs to be done... please offer to do it :)

Future Fund

Each family pays \$20 upon registration for the clubs future needs to build up funds for the purchase or replacement of equipment and facilities as determined by the committee.



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Calendar of Events

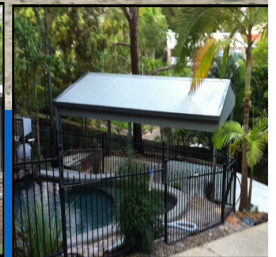
The following is an overview of the 2014/15 season at Bli Bli Little Athletics. While this is accurate as at the time of printing it is always a good idea to look out for changes at club meets and on the website.

Month	Day	Event
Sep	6	Sign-on 10:30 to Noon – Bli Bli IGA Working Bee 1pm M ^c Martin Park
	13	Working Bee 8am - noon McMartin Park Sign On – 1pm to 2:30pm, Orientation – 3pm
	20	Club Track Meet at Bli Bli 2:30pm
	21	<i>Gympie Spring Carnival</i>
	27	Club Track Meet at Bli Bli 2:30pm <i>LAQ Spring Carnival at Bundaberg</i>
Oct	4	Club Track Meet at Bli Bli 2:30pm (Official recording starts)
	11	Club Track Meet at Bli Bli 2:30pm
	17	Interclub Meet at Uni Track (Fri Night) Senior Athletes (U13+)
	18	Club Track Meet at Bli Bli 2:30pm
	25	Club Track Meet at Bli Bli 2:30pm Interclub Meet at Bli Bli 2:30pm Junior athletes (TT to U12) <i>Nominations Close for <u>Regional Relays</u> And <u>Snr Carnival/Junior Pentathlon</u></i>
	25/26	<i>FREE LAQ Coaching Clinic at Nambour</i>
Nov	1	Club Track Meet at Bli Bli 2:30pm
	2	<i>Senior Carnival / Junior Pentathlon SAF Brisbane</i>
	8	REGIONAL RELAYS at Maroochy
	15	Club Track Meet at Bli Bli 2:30pm
	21	Senior Athlete (U13+) Interclub Meet at Uni Track (Fri Night 5:30)
	22	Interclub Track Meet at Nambour LAC 7:45am NO COMPETITION at Bli Bli Nominations Close for STATE RELAYS
	23	<i>Glasshouse Pentathlon</i>
	29	Caloundra Open Day - Bli Bli attends the open day in place of the Club Track Meet
Dec	6	Club Track Meet at Bli Bli 2:30pm
	13	Club Track Meet at Bli Bli 2:30pm STATE RELAYS at SAF Brisbane
	20	Club Track Meet at Bli Bli 2:30pm - followed by Xmas Break-Up Sausage Sizzle and Slip'n Slide
Jan	3	NO COMPETITION – Enjoy the holidays!
	10	Interclub Track Meet at Nambour LAC 7:45am
	16	Interclub Meet at Uni Track (Fri Night) Senior Athlete (U13+)
	17	Club Track Meet at Bli Bli 2:30pm
	24	Club Track Meet at Bli Bli 2:30pm Nominations Close for <u>Regional Championships</u>
	31	Club Track Meet at Bli Bli 2:30pm
Feb	7/8	REGIONAL CHAMPIONSHIPS at Caboolture
	14	Club Track Meet at Bli Bli 2:30pm
	21	Club Track Meet at Bli Bli 2:30pm <i>Nominations Close for STATE CHAMPS and Jnr Carnival / Snr Pentathlon</i>
	28	Club Track Meet at Bli Bli 2:30pm
Mar	1	<i>Junior Carnival/Senior Pentathlon at QSAC Brisbane</i>
	7	Club Track Meet at Bli Bli 2:30pm
	14	Tom Hulett Allcomers Race and BREAK UP
	20/21/22	STATE CHAMPIONSHIPS at QSAC Brisbane

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Other LAQ Events

All registered Athletes can compete in a variety of Events and Carnivals run throughout the season at various centres - keep an ear open at our meets, check our website or Facebook page or check out the LAQ website for details. www.laq.org.au.

As a club Bli Bli attends regional relays, regional championships and the Caloundra Open Day with the nomination fees being paid by the centre and competition is not held at Bli Bli on these days. All athletes can choose to participate in any of the following events which are run every season as well as events run by other clubs.

Junior Carnival: Under 7 to Under 10

Athletes in the under 7 to under 10 age groups are eligible to nominate and compete in this carnival. This is a great day for young athletes to compete against other athletes in their age group. This carnival is held in Brisbane on a tartan track.

Senior Carnival: Under 11 to Under 17

This carnival, like the Junior Carnival is held in Brisbane on a tartan track. There are no qualifying standards.

State Pentathlon: Under 9 to Under 17

The Pentathlon runs in conjunction with the junior and senior carnival and entry to this multi-event competition is open to all athletes in the under 9 to under 17 age groups. Athletes compete in five events and points are allocated according to the level of performance in each event.

Regional Championships: Under 7 to Under 17 (Bli Bli attends as a club)

This competition is for individual athletes registered in the under 7 to under 17 age groups. Athletes may nominate in their favourite events (maximum of 5) competing against athletes from centres in our Region. Athletes finishing 1st, 2nd, 3rd or 4th, in the under 9-17 age group are eligible to compete at the State Championships.

State Championships: Under 9 to Under 17

Athletes qualifying for State championships compete against athletes from all Regions in the state. The first three place-getters receive medals. Under 13 and 15 age group are eligible for state team selection.

Regional Relays: Under 7 - Under 17 (Bli Bli attends as a club)

At Regional Relays athletes competes in pairs in field events and a team of 4 for track events. Three athletes can be nominated for field events and the two athletes with the highest jump/throw are added together to determine a placing. Track athletes nominate and compete as a team of four. If the team is placed 1st, 2nd or 3rd they may nominate for State Relays.

State Relays: Under 9 to Under 17

Teams finishing in 1st, 2nd, 3rd place at Regional Relays qualify for State Relays in Brisbane. Under 7 and under 8 age group do not compete at State Relays.

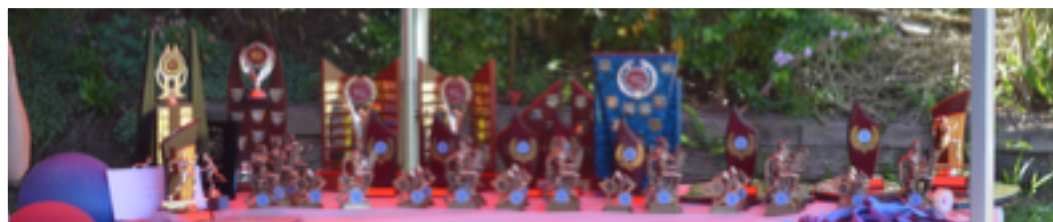
Caloundra Open Day: Under 6 to Open (Bli Bli attends as a club)

Caloundra Open Day Carnival includes up to 5 events scheduled for each age group. Medals are awarded to all place getters and all under 6 athletes.

Please see our Team Manager for further information and nomination forms, refer to our website www.bbla.com.au or our Facebook page.



Presentation Day 2014



Awards & Trophies



Certificates

Personal Best Certificates will be presented to athletes for every five personal bests achieved.

Record Certificates will be presented to athletes for every Centre record set on Centre competition days.

Achievement Awards

One of the aims of Little Athletics is of course to improve the athletic performance of its members. As a reward for children to improve, we have a system of performance level indicators and achievement awards which is sponsored by McDonalds. Each child is given a ticket showing their performance in each event for each competition day. These can be pasted in their result book provided with their rego pack. They also receive an Achievement Card which shows the performance required to achieve Green, Red or Blue level in any event. To attain a Green, Red or Blue level certificate an athlete must reach the relevant level in all events for their age group in three of the event groups - Sprints, Hurdles, Throws, Jumps, Walks and Distance. Certificates are issued 2 or 3 times throughout the season. Each athlete is eligible for a maximum of three certificates in the season - 1 of each colour, green, red and blue.

McMartin Ten Year Shield

This shield, donated by the McMartin family is presented to athletes who have been involved for 10 years, from the date of registration. The athlete must have a 60% or higher attendance each year, with Bli Bli Little Athletics Centre.



Age Group Highest Points Trophy - Age Champions

These trophies are awarded to the male and female athletes in each age group with the highest number of centre points accumulated for the Little Athletics season. The runner-up also receives a small award. To be eligible to receive an age group trophy, athletes must have a 60% or higher centre attendance record.

Points are awarded for participation and improvement. Points are awarded as:

- 1 point for attendance at Bli Bli centre competition.
- 1 point for every event contested at Centre competition.
- 1 point for every personal best achieved at Centre competition.

NOTE: Points are not awarded on competition days cancelled before competition begins.

DeVere Highest Points Trophy - Club Champion

This trophy is awarded to the athlete with the highest number of points accumulated for the Little Athletics season across all U7 to U17 athletes. These points are awarded in the following way:

- 1 point for every event contested at Centre competition days.
- 1 point for every personal best achieved at Centre competition days.
- Points are also awarded for Regional and State competition attendance.

NOTE: Points are not awarded on competition days cancelled before competition begins.

Fred Murray & Mary Murray Encouragement Awards

These trophies are presented to the athletes the committee agrees best upholds what Little Athletics is about, not necessarily athletic ability. Required attributes:

- Has a 60% or higher attendance record.
- Has a go at all events.
- Leads by example.
- Encourages other athletes.
- Shows respect to others - parents, officials and athletes.
- Attended Little Athletics for a number of years.
- Attends Regional competitions.





Awards & Trophies

Northey Family Trophy for Most Improved Junior Boy

This trophy, donated by the Northey Family, is to encourage male athletes in the U7 to U9 age groups to keep improving their skills through training, fitness and perseverance. Athletes must have a 60% or higher attendance record at Centre competition, attend at least one Association carnival and improve over the season. This selection is approved by the committee.



Edgar Family Trophy for Most Improved Junior Girl

This trophy, donated by the Edgar Family, is to encourage female athletes in the U7 to U9 age groups to keep improving their skills through training, fitness and perseverance. Athletes must have a 60% or higher attendance record at Centre competition, attend at least one Association carnival and improve over the season. This selection is to be approved by the committee.



Endeavour Award

This trophy is to encourage athletes from all age groups to participate in additional Little Athletic Carnivals - Centre, Regional and State. One trophy to be presented to the boy and girl with the highest number of points accumulated for the season and who abide by Bli Bli Little Athletics Code of Conduct. Points are awarded as 1 point for every event contested at additional Little Athletics Carnivals only.

Burton Family Trophy - Coaches Award

This trophy, donated by the Burton Family, to encourage athletes to attend coaching sessions, is awarded to an athlete selected by the coach/coaches and approved by the committee. Required attributes:

- Attends coaching sessions regularly.
- Shows enthusiasm and follows coaches' directions.
- Attends competition days regularly.
- Shows improvement by personal best performances.
- Encourages other athletes.
- Shows respect to coaches, athletes and parents.



Winten Family Trophy for Outstanding Performance

This trophy, donated by the Winten family is awarded to an athlete selected by the committee for outstanding performance in any event during the season. Criteria:

- displays outstanding performance above that considered to be the norm in events contested during the season.
- The athlete's performance need not necessarily be for a first place but rather for an outstanding personal best achievement.
- The outstanding achievement is judged against the athlete's own performance levels during the season.
- The performance may be judged at Centre, Regional or State level.
- The performance must be at an individual event rather than a relay event.

Tom Hulett All Comers Trophy

This trophy is competed for at the end of the season 100 metre handicapped race. Athletes' personal best times for the seventy metre and one hundred metre sprints are calculated to give each athlete a track position to compete against athletes from all age groups.



Awards & Trophies

Parent Certificate Awards

The Centre cannot run afternoon competition without the help of parents. The committee appreciates the extra help we receive from parents week-in, week-out plus those who help out at Carnivals, Working Bees, and more.

Parent Certificates may be awarded to those parents who do that little bit extra during the season and help out at least 15 times at our Centre on Saturday afternoons, at working bees or assisting at Centre, Regional or State Carnivals.

Team Captains

Are chosen by the athletes to represent and support them. Nominations may be called for the positions of Team Captains or nominated by the Committee (1 Male & 1 Female athlete) from U13+ age groups.

Nominated athletes generally deliver a speech to all age groups. All athletes then vote. Whilst the final vote lies with the athletes, they are encouraged to elect/nominate an individual who:

- Shows enthusiasm and follows directions
- Encourages other athletes
- Shows respect to coaches, athletes and parents
- Leads by example
- Attends Regional and State Competitions (Does not have to compete)

Presentations 2013/14

Girls Age Champions

Emily Saw (U7)
Rebecca Pereira (U8)
Mackenzie Rawlings (U9)
Shakiah Smith (U10)
Grace Ramsay (U12)
Savannah Roy (U14)
Jessica Latimer (U16)

Boys Age Champions

Noah Rawlings (U6)
Jett Snell (U7)
Caelan Liddle (U8)
Lachlan Saw (U9)
Rory Liddle (U10)
Alec McRorie (U11)

Girls Runner-up

Mia Lambert (U6)
Talia Smith (U7)
Chloe Penning (U9)
Jayme Duncan (U10)
Tasha Duncan (U12)

Boys Runner-up

Noah Quilty (U6)
Will Roy U7
Nathan King, Robbie Hopkins U8
Brandon McRorie U9
Tim Hopkins U10
Logan Ramsay U11

Eddie De Vere Trophy Club Highest point scorer

Shakiah Smith (U10)

Endeavour Award

Jessica Latimer (U16)
Brandon McRorie (U9)

Northey Family Trophy Most Improved Junior Boy

Alby Everett (U9)

Edgar Family Trophy Most Improved Junior Girl

Talia Smith (U7)
Charlotte Penning (U7)

Fred Murray Encouragement Award

Rory Liddle (U10)

Mary Murray Encouragement Award

Jessica Latimer (U16)

Burton Family Coaches Award

Rebecca Pereira (U8)

Tom Hullet All Comers Race Winner

Lachlan Saw (U9)

5 year award badges

Jacob Ivanfy



Personal Training - Mobile to you & Studio

Sculpt

Group Fitness

Bootcamps

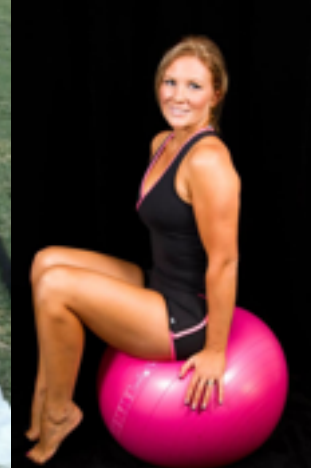
Nutrition

Boxing for Fitness



BODY *Sculpt*

Personal Training



Maroochy River

Bli Bli

Parklakes

Maroochydown Areas

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Bli Bli Perpetual Awards

Season	E.O.DeVere Highest Point Scorer	Fred Murray Encouragement Award	Mary Murray Encouragement Award	Tom Hulett All Corners Race	Burton Family Coaches Award	Endeavour Award for boys	Endeavour Award for girls	Outstanding Performance Award	Northey Family Most Improved Junior boy	Edgar Family Most Improved Junior girl	McMartin 10 Year Award
2013/14	S.Smith	R.Liddle	J.Latimer	L.Saw	R.Pereira	B. McRorie	J.Latimer	-	A.Everett	T.Smith, C.Penning	
2012/13	S.Smith	C.Liddle	T.Duncan	L.Saw	J.Latimer	R.Liddle	S.Smith	R.Liddle	R.Liddle	S.Smith	
2011/12	Z.Trotter	L.Moulden	T.Coles	J.Ivanfy	B.Curtis	Z.Trotter	A.Curtis	Z.Trotter	R.Liddle	S.Smith	
2010/11	K.Bradshaw	Z.Trotter	K.Bradshaw	Z.Trotter	-	L.Moulden	K.Bradshaw	-	L.Coles	P.VonBlankensee	
2009/10	B.Harris	S.Hayward	S.Roy	R.Labinsky	-	B.Trotter Z.Trotter	M.Dorrington	-	B.Trotter	T.Coles	
2008/09	B.Harris	J.Hunter	T.Ford	J.Ward	B.Trotter	R.Labinsky Z.Trotter	M.Dorrington	S.O'Dempsey	C.Labinsky	S.Roy	E.Edgar
2007/08	M.Dorrington	R.Ballinger	A.Alder	N.Burns	A.Hunter			S.O'Dempsey	Z.Trotter		
2006/07	E.Edgar	M.Foley	M.Gatehouse	S.Ballinger	T.Hosking					H.Nicolson	J.Schulz
2005/06	E.Edgar	M.Obrist	E.Edgar	C.Evans	M.Gatehouse					E.Robinson	
2004/05	E.Edgar	D.Hines	P.Hodgson	E.Edgar	T.McCarthy						
2003/04	J.Lumley	T.McCarthy		A.Northey	E.Edgar						T.Burton
2002/03	N.Burton	J.Lumley		J.Schulz	J.Buscombe						N.Burton
2001/02	N.Bennett	N.Burton		C.Schulz							
2000/01	N.Burton	M.Gibbs		D.Anders							
99/2000	N.Burton	S.Pepper		M.Page							J.Northey
1998/99	N.Burton	J.Noffke		S.Carter							
1997/98	M.Hayne	D.Adams		J.Blunt							
1996/97	J.Northey	W.Power									
1995/96	N.Burton	J.Taylor									
1994/95	D.Hopkins	A.Maher									
1993/94	M.Adams										
1992/93	M.Pickett										
	T.Elford										
1991/92	K.Elford										

Queensland Little Athletics

Athlete Ten Year Award:

2009	Elizabeth Edgar
2007	Justina Schultz
2004	Tamara Burton
2004	Andrew Northey
2003	Nicole Burton
2000	John Northey

Volunteer of the Year:

1997	Graeme Burton
------	---------------

Volunteer Ten Year Award:

2009	Leane Edgar
2007	Debbie Hurst
2007	Julie Schultz
2003	Graeme Burton
2003	Sharon Burton
2003	Pennye Northey
2003	Tony Northey

Volunteer Fifteen Year Award:

2006	Pennye Northey
2006	Tony Northey

Honour Certificate:

2008	Assie Ballinger
2008	Michael Ballinger
2008	Sharlene Dorrington
2008	Robyn Pregnell
2008	Janet Renew
2006	Leane Edgar

2006	Mark McCarthy
2003	Graeme Burton
2003	Sharon Burton
2003	Pennye Northey
2003	Tony Northey
2003	Julie Schultz
1995	Graham McMartin
1995	Lillian McMartin

Merit Award

2008	Leane Edgar
2003	Graeme Burton
2003	Pennye Northey
2003	Tony Northey

Distinguished Merit Award

2006	Tony Northey
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For more information on the Association's awards see the Little Athletics Qld Parent Book or log onto www.laq.asn.au





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Ed



Natasha



Andrew



The history of McMartin Park

This sports ground was originally owned by a local farmer, who used it as a cow paddock. It was purchased by the Maroochy Shire Council and in 1958 it was handed over for the locals to make a sporting area. A number of locals worked hard with their own tractors, scoops and shovels to prepare the ground. Donations were gathered from some Bli Bli residents to purchase the necessary materials and after a lot of hard work they had built a tennis court and cricket pitch.

This was the home ground of the Petrie Creek Cricket Club for a number of years. Unfortunately as time moved on, cricket in the area waned. In 1972 an attempt was made to start another cricket club, but due to lack of interest it folded after one season.

Later, the Maroochy Rugby Union Club needed grounds and as the grounds were not in use, the Rugby Union Club set them up for themselves and built a well-equipped clubhouse. On the 24th August 1976 this clubhouse was officially opened by the Shire Chairman, Mr Eddie DeVere, as The Beverley Hall Pavilion. The Rugby Club made this their home until 1989 when they took the opportunity to move to Cotton Tree.

Upon seeing the need for an activity for the children in our community, the Bli Bli Little Athletics Centre was formed by locals. After significant negotiations it was agreed that the grounds be used by the Bli Bli Little Athletics during the summer season. The area was however in a very poor state of repair and a lot of work was required to prepare the grounds and refit clubhouse for use. Thanks to the dedicated members who worked tirelessly, the ground was ready to commence the 1990-91 season and was officially opened by Ron Grant on the 29th September 1990.

The grounds were formally named McMartin Park on 31 May 1994 in honour of the work done by Lillian and Graham McMartin.

The grounds were shared with the Bli Bli Soccer Club for many years with athletics over the summer season and soccer over the winter. In 2014 the soccer club moved to new facilities at Parklakes and a new sport came to McMartin Park in the winter season with the park now shared with Maroochy Hockey Club.

Over the past few seasons the athletics committee have worked hard to secure grants and undertake fundraising efforts to upgrade facilities. During 11/12 season the facilities received a much needed spruce up - repairs, new paint and solar panels to bring the facilities up to standard and more environmentally sustainable. The next 2 seasons saw the addition of a new equipment shed, water tank, additional solar panels, solar hot water and major field renovations.



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OFFICIALS needed

Give our kids the best start by teaching them correctly. the club will support parents who want to become accredited officials. To obtain accreditation from LAQ, prospective officials complete practical assessments and theory exams for each level. The event groups are Jumps, Throws, Track, Recording and Race Walking. Accreditation and theory papers are set in event groups, however qualifications may be obtained for individual events.

LAQ 'D' Grade (Basic Centre Level)

Accreditation is marked and assessed at Centre Level. Practical assessments are completed by the Centre Officials Officer / Centre Manager. Theory exam is an open book, with reference to the LAQ Rules of Competition Handbook permitted.

NOTE: Multiple 'D' Grade qualifications can be obtained simultaneously.

LAQ 'C' Grade

'C' Grade practical assessment / training can commence immediately when 'D' Grade accreditation is achieved. The 'C' Grade theory exam cannot take place until the applicant has held 'D' Grade accreditation for a full season.

Practical assessments, it is recommended for C Grade accreditation for a specific event, be attained through the assessment of two appointed and or approved presenters/assessors at separate "approved competition days". One of these being a LAQ conducted Competition.

Theory exam will be conducted on a Regional / Zone basis or at a LAQ Officials Workshop. The exam is an open book, with reference to the LAQ Rules of Competition Handbook permitted. Each paper has a time allowance of one hour. An exam result of 95% is considered a pass.

'A' and 'B' Grades

QLAA no longer offers papers to obtain LAQ B or A Grade accreditation. Further detail regarding these grades can be obtained through the Brisbane Area Official Club and or the Queensland Athletics Officials Commission.

Please see our Officials Officer for more information.

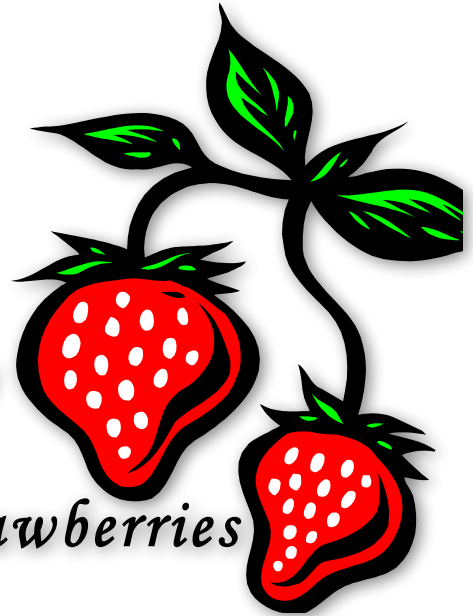


M^cMartin's Farm

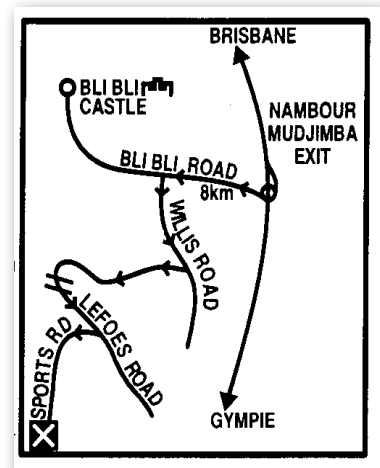
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8-30am – 4-30pm
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PHONE : 07 54484912
MOBILE : 0410 534 560
FAX : 07 54508338



Buses Welcome

ZERO TOLERANCE POLICY

PREAMBLE

The Queensland Little Athletics Association Inc (QLAA) recognises the importance of providing a safe and enjoyable environment for all those who participate in Little Athletics in Queensland. The QLAA seeks to eliminate all forms of unsportsmanlike behaviour, and has developed this policy to clearly outline the processes and penalties to be applied.

A person to whom this policy applies will not indulge in any unsportsmanlike behaviour towards another participant, official or spectator involved in a recognised Little Athletics activity, including organized training, and will adhere to the relevant Code of Conduct/Ethics and Member Protection Policy.

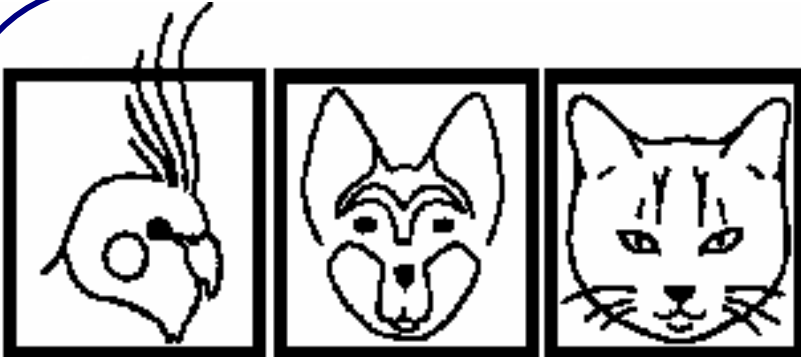
It is recommended that this policy be adopted by all Affiliated Centres within QLAA to ensure a common acceptable standard of behaviour, processes and penalties. The penalties associated with this policy are presented as guidelines for Centres to follow. Penalties may change and/or categories added at the discretion of the QLAA Board.

POLICY

A registered athlete, an official, or assistant in Little Athletics within Queensland, or any spectator will not indulge in any unsportsmanlike behaviour towards another participant, official, or spectator involved in a recognised Little Athletics activity, including organised training and will adhere to the relevant Codes of Conduct/Ethics.

CATEGORIES OF OFFENCE AND PENALTY

Category of Violation	Incident	Penalties		
		1 st Offence	2 nd Offence in any category within 2 years	3 rd Offence in any category within 2 years
P1	<ul style="list-style-type: none"> • Use of audible foul language • Disputing judgment/decision of an official • Minor equipment abuse • Frivolous complaints (first incident) 	Verbal Warning	Written Warning	Suspension 1 week
P2	<ul style="list-style-type: none"> • Rough play, barging, pushing etc • Displays of unnecessary aggressive behaviour • Verbal abuse via telephone to Association/Centre personnel • Disparaging or insulting remarks and/or the use of foul language directed toward another athlete/official. • Failing to carry out a lawful direction of an official 	Written Warning	Suspension 1 week	Suspension 2 weeks
P3	<ul style="list-style-type: none"> • Prolonged verbal abuse of an official/athlete • Deliberately barging with force • Displays of excessive aggressive behaviour • Frivolous complaint (second and further incidents) • Major equipment abuse where there is potential to injure participants and/or spectators 	Written Warning	Suspension 2 weeks	Suspension 4 weeks
P4	<ul style="list-style-type: none"> • Provoking a fight, but no further involvement • Fighting after being provoked 	Suspension 2 weeks	Suspension 4 weeks	Suspension 8 weeks
P5	<ul style="list-style-type: none"> • Provocation and involvement in fighting • Threatening an official/trainee official or athlete 	Suspension 3 weeks	Suspension 6 weeks	Discipline Tribunal
P6	<ul style="list-style-type: none"> • Physically attacking an official, athlete or Association/Centre personnel 	1 Season	Tribunal	Discipline Tribunal
P7	<ul style="list-style-type: none"> • Other as determined by the Commissioner 			



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Codes of Conduct

Athlete

- Be a good sport. Respect all good performances whether from your Centre or the opponents. Shake hands with and thank the opposing athletes and officials after the event – win, lose or draw.
- Participate for your own enjoyment and benefit.
- Always respect the official's decision.
- Never become involved in acts of foul play.
- Honour both the spirit and intention of the competition rules and live up to the highest ideals of ethics and sportsmanship. Avoid gamesmanship and respect the traditions of the sport.
- Never engage in disrespectful conduct of any sort including profanity, sledging, obscene gestures, offensive remarks, trash talking, taunting, or other actions that are demeaning to other athletes, officials, or supporters.
- Care for and respect the facilities and equipment made available to you during training and competition.
- Safeguard your health. Don't use any illegal or unhealthy substances.
- Recognise that officials and coaches are volunteers who give up their time to provide their services. Treat them with the utmost respect.
- Do not bet or otherwise financially speculate, directly or indirectly, on the outcome or any other aspect of a Little Athletics event or competition in which you are involved.

Parent / Spectator

- Condemn all violent or illegal acts, whether they are by athletes, coaches, officials, parents, or spectators.
- Respect the official's decisions. Don't complain or argue about actions or decisions during or after an event.
- Unsportsmanlike language, harassment, or aggressive behaviour will not be tolerated.
- Encourage athletes to play by the rules and to respect opposing athletes and officials.
- Never ridicule or scorn an athlete for making a mistake, respect their efforts.
- Understand that sport is part of a total life experience, and the benefits of involvement go far beyond the final placing of an event.
- Participate in positive cheering that encourages the athletes in the Centre you are supporting. Don't engage in any cheering that taunts or intimidates opponents, their fans, or officials.
- Remember that children participate in Little Athletics for their own enjoyment, not yours!
- At all times follow the directions of the Arena Manager and/or other competition day officials.
- Never arrive at a Little Athletics competition under the influence of alcohol. Never bring alcohol to a Little Athletics competition or training.



Complaints :(

It is our aim to provide an easy to use, confidential and trustworthy procedure for complaints based on the principles of natural justice. Any person may report a complaint (complainant) about a person/s or organisation. A complaint should be reported to the Centre Manager and may be reported either in writing or verbally. All complaints will be dealt with promptly, seriously, sensitively and confidentially. Little Athletics Queensland can also be contacted directly. Complaint/s will generally be referred back to the Centre to action.

LODGING A COMPLAINT

Complaints may be lodged with the Centre:

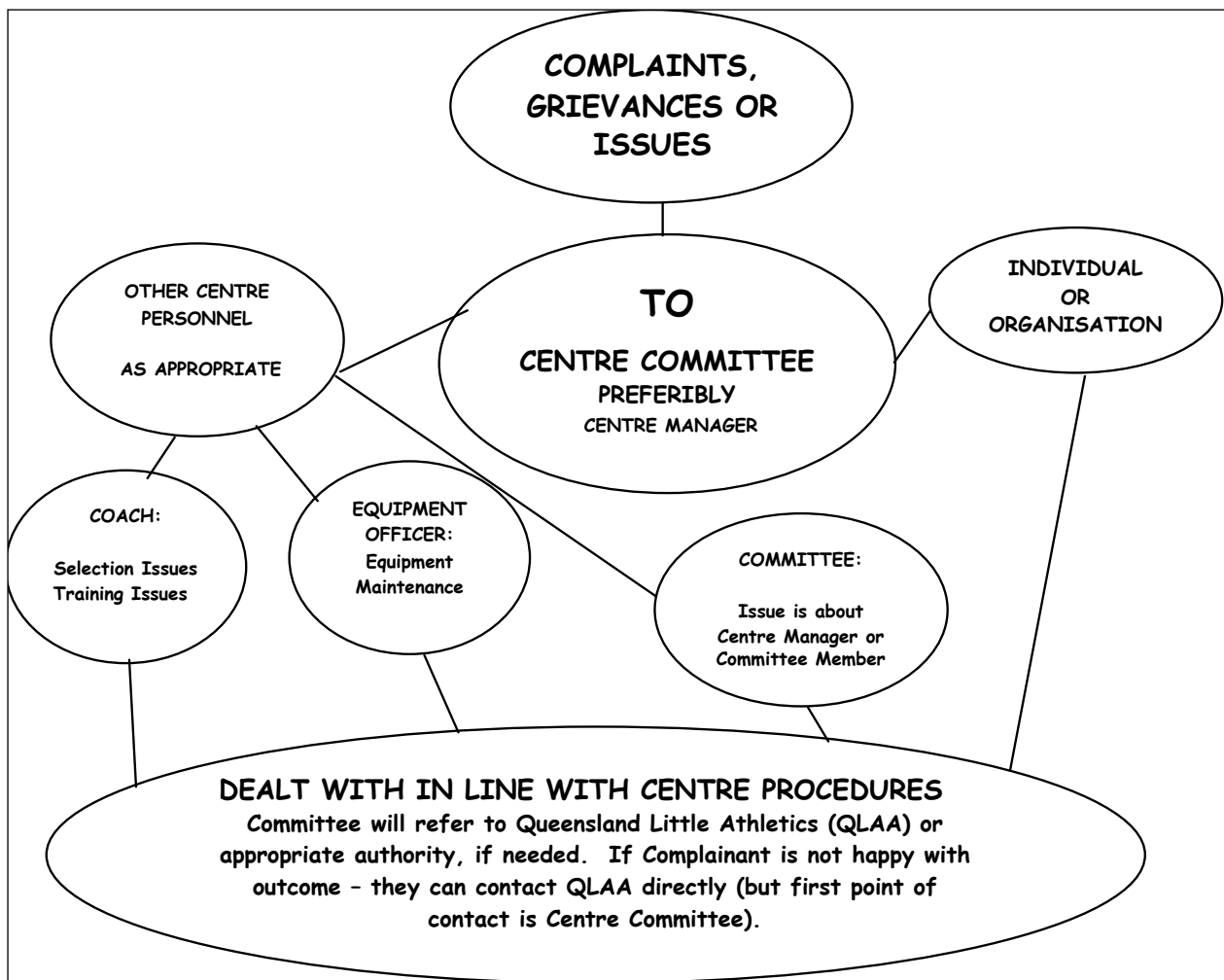
- in person
- by telephone
- email or letter

and should detail the name, address and contact phone numbers of the complainant, together with a brief description of the problem.

CONFIDENTIALITY

The Centre will not disclose the identity of a complainant if that complainant requests that their details remain confidential.

The complaint will be managed as per the LAQ Complaints Handling Procedure which is available on the Little Athletics Queensland website at www.laq.asn.au.



Bli Bli Club Records

Sprint - 70m

Boys

Age	Name	Record	Year
U6	M. Hamilton	12.1	95/96
U7	C. Noffke	10.2	94/95
U8	C. Toovey	10.6	01/02
U9	C. Noffke	10.5	96/97
U10	A. Favell		92/93
	M. Noffke	10.1	94/95
	C. Noffke		97/98
U11	A. Tones	10.1	97/98
	C. Noffke		98/99
U12	M. Gopurenico	10.0	94/95
	J Noffke		95/96
U13	M. Rodgers	9.6	93/94
U14	D. Patman	8.9	93/94
U15	D. Patman	8.7	94/95
U16	M. Obrist	10.0	06/07

Girls

Name	Record	Year
Emily Saw	13.0	12/13
D. Anders	11.8	92/93
R. Farina	11.4	92/93
R. Farina	11.0	93/94
D. Anders	10.6	95/96
D. Anders	10.4	96/97
D. Anders	10.0	97/98
A. Harris	10.0	05/06
O. Lowe	9.9	93/94
J. Adams	9.7	96/97

Sprint - 100m

Boys

Age	Name	Record	Year
U6	C. Noffke	18.5	93/94
U7	J. Clinch	15.0	90/91
U8	S.Oxley	15.0	01/02
U9	C. Noffke	15.0	96/97
U10	C. Noffke	14.2	97/98
U11	C. Noffke	13.8	98/99
U12	J. Pregnell	13.6	01/02
U13	Zac Trotter	13.2	11/12
U14	D. Patman	12.4	93/94
U15	S. Martin	11.9	98/99
U16	M. Obrist	13.5	06/07

Girls

Name	Record	Year
S. Lanskey	19.2	96/97
E. Sutcliffe	17.0	90/91
C. Elford	16.5	90/91
D. Anders	16.2	94/95
D. Anders	15.0	95/96
T-J. Williams	14.4	99/00
B. Carolan	13.9	90/91
A. Harris	13.6	05/06
B. Carolan	13.2	92/93
M. Franks	13.3	96/97
Jessica Latimer	14.1	13/14



Bli Bli Club Records

Sprint - 200m

Boys

Age	Name	Record	Year
U6	H. Stiles	49.9	08/09
U7	J. Martin	37.8	96/97
U8	T. McCarthy	33.4	01/02
U9	C. Noffke	33.2	96/97
U10	D. Palena	30.3	95/96
U11	C. Noffke	29.3	98/99
U12	B. Mayes	28.9	90/91
U13	D. Patman	28.4	92/93
U14	D. Patman	26.3	93/94
U15	D. Patman	24.6	94/95
U16	M. Obrist	30.9	06/07

Girls

Name	Record	Year
Emillie Dorrington	52.9	08/09
S. King	39.4	92/93
D. Pringle	36.5	91/92
D. Pringle	35.0	92/93
R. Farina	33.6	94/95
J. Adams	31.0	92/93
B. Carolan	29.2	90/91
J. Adams	29.2	93/94
J. Adams	28.8	94/95
A. Harris	28.8	05/06
J. Adams	28.8	95/96
J. Adams	27.8	96/97
Elizabeth Edgar	32.4	08/09

Run - 400m

Boys

Age	Name	Record	Year
U9	G. Owens	1.17.0	94/95
U10	S. Oxley N. Pointon	1.12.2	03/04
U11	D. Frankcom	1.08.3	99/00
U12	T. McCarthy	1.10.4	05/06
U13	M. Rodgers	1.04.0	93/94
U14	D. Patman	59.2	93/94
U15	M. Adams	56.0	94/95
U16	M. Obrist	1.15.0	06/07

Girls

Name	Record	Year
D. Pringle	1.13.0	92/93
R. Farina	1.20.5	94/95
D. Anders	1.16.1	96/97
J. Adams	1.08.0	93/94
J. Adams	1.06.3	94/95
J. Adams	1.05.9	95/96
J. Adams	1.03.8	96/97
Elizabeth Edgar	1.14.5	08/09

Run - 800m

Boys

Age	Name	Record	Year
U9	G. Owens	2.59.5	94/95
U10	G. Stirton	2.50.4	96/97
U11	D. Frankcom	2.38.2	99/00
U12	M. Hamilton	2.39.6	01/02
U13	M. Rodgers	2.32.0	93/94
U14	D. Adams	2.25.1	96/97
U15	D. Adams	2.08.8	97/98
U16			

Girls

Name	Record	Year
C. Casey	3.20.3	08/09
A. McKenzie	3.07.5	99/00
O. Lowe	3.05.0	90/91
J. Adams	2.47.0	93/94
J. Adams	2.48.0	94/95
A. Warry	2.41.8	95/96
J. Adams	2.43.6	96/97
Elizabeth Edgar	3.02.9	08/09



Bli Bli Club Records

Run - 1500m Boys

Age	Name	Record	Year
U11	M. Pickett	5.15.0	90/91
U12	M. Hamilton	5.23.0	01/02
U13	M. Gibbs	5.20.6	99/00
U14	M. Gibbs	5.15.5	96/97
U15	D. Adams	4.44.0	97/98
U16			

Girls

Name	Record	Year
S. McLaren	6.39.9	06/07
A. Anderson	5.38.0	99/00
B. Goodridge	5.27.0	91/92
A. Warry	5.49.0	95/96
J. Adams	6.15.0	96/97
Elizabeth Edgar	7.03.9	08/09

Walk - 300m Boys

Age	Name	Record	Year
U6	B. Stirton	2.22.8	96/97
U7	A. Bobbermien	2.05.0	96/97
U8	J. Blunt	1.52.0	96/97

Girls

Name	Record	Year
T. Stoakes	2.25.0	06/07
Makenzie Dorrington	2.08.5	05/06
R. Coleman	1.45.3	05/06

Walk - 700m Boys

Age	Name	Record	Year
U9	M. Hamilton	4.42.3	98/99
U10	G. Stirton	4.21.5	96/97

Girls

Name	Record	Year
N. Stirton	4.42.2	97/98
S. Reid	5.05.0	01/02

Walk - 1100m Boys

Age	Name	Record	Year
U10	S. Tossavainen	7.02.6	97/98
U11	G. Stirton	5.48.2	97/98

Girls

Name	Record	Year
B. Coles	8.06.0	01/02
M. Hayne	7.36.2	97/98

Walk - 1500m Boys

Age	Name	Record	Year
U12	G. Stirton	8.24.4	98/99
U13	A. Petersen	9.47.3	97/98
U14	B. Stibbe	9.43.9	97/98
U15	D. Adams	9.26.9	97/98
U16			

Girls

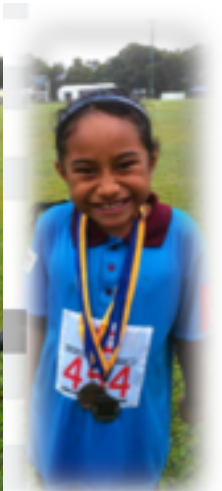
Name	Record	Year
M. Gatehouse	10.29.8	05/06
M. Gatehouse	9.44.0	06/07
M. Gatehouse	9.45.3	07/08
N. Burton	10.28.0	02/03
Elizabeth Edgar	11.38.2	08/09

Hurdles - 200m Boys

Age	Name	Record	Year
U13	M. Rodgers	30.7	93/94
U14	J. Noffke	29.3	97/98
U15	J. Noffke	28.4	98/99
U16			

Girls

Name	Record	Year
J. Adams	32.1	94/95
J. Adams	31.6	95/96
A. Warry	32.2	96/97
Elizabeth Edgar	36.5	08/09



Bli Bli Club Records

Hurdles - 60m Boys

Age	Name	Record	Year
U8	C. Toovey	11.5	01/02
U9	C. Noffke	10.9	96/97
U10	A. Bakker	10.7	90/91
U11	W. Cole C. Noffke	10.5	90/91 98/99
U12	B. Mayes P. Stevenson	10.2	90/91 90/91

Girls

Name	Record	Year
D.Pringle	12.0	91/92
D.Pringle	11.8	92/93
C. Smyth	11.5	91/92
O. Lowe	11.5	90/91
A.Reid	11.3	99/00

Hurdles - 80m Boys

Age	Name	Record	Year
U13	R. Ballinger	15.0	05/06
U14	Non Event		

Girls

Name	Record	Year
S.O'Dempsey	14.5	08/09
J. Adams	14.8	95/96

Hurdles - 90m Boys

Age	Name	Record	Year
U14	D. Patman	14.7	93/94
U15	Non Event		
U16	Non Event		

Girls

Name	Record	Year
Non Event		
J. Adams	14.6	96/97
Elizabeth Edgar	18.4	08/09

Hurdles - 100m Boys

Age	Name	Record	Year
U15	J. Noffke	15.9	98/99
U16	M. Obrist	20.9	06/07



Discus

Boys

Age	Name	Record	Year
U6	D. McMartin	12.26	01/02
U7	Z. Elford	18.03	92/93
U8	J. Martin	19.06	97/98
U9	B. Harris	23.95	08/09
U10	D. Reid	25.35	00/01
U11	C. Noffke	25.00	98/99
U12	B. Mayes	34.88	90/91
U13	B. Mayes	37.58	91/92
U14	M. Gibbs	29.73	00/01
U15	J. Noffke	42.20	98/99
U16	M. Obrist	26.75	06/07

Girls

Name	Record	Year
Emillie Dorrington	8.91	09/10
S. Hodge	13.38	05/06
Makenzie Dorrington	13.33	06/07
D. Pringle	16.36	92/93
K. Elford	20.56	92/93
K. Elford	18.66	93/94
J. McMartin	30.16	90/91
J. McMartin	30.76	91/92
J. McMartin	34.27	92/93
J. McMartin	40.60	93/94
Elizabeth Edgar	20.62	08/09



Bli Bli Club Records

Shot Put

Boys

Age	Name	Record	Year
U6	M. Bird	4.94	97/98
U7	J. Richardson	6.31	95/96
U8	J. Richardson	6.57	96/97
U9	G. Owens	6.84	94/95
U10	T. Somerville	8.44	94/95
U11	C. Noffke	9.77	98/99
U12	B. Mayes	11.11	90/91
U13	B. Mayes	14.37	91/92
U14	M. Wilson	14.29	91/92
U15	R. Ballinger	12.37	07/08
U16	M. Obrist	9.19	06/07

Girls

Name	Record	Year
S. Hodge	5.00	04/05
S. Hodge	5.35	05/06
K. Elford	6.50	90/91
T. Savige	6.00	05/06
K. Elford	7.02	92/93
D. Chapman	8.17	94/95
J. McMartin	11.13	90/91
J. McMartin	11.60	91/92
J. McMartin	11.28	92/93
J. McMartin	12.03	93/94
Elizabeth Edgar	7.35	08/09

Javelin

Boys

Age	Name	Record	Year
U11	C. Noffke	27.78	98/99
U12	M. Noffke	31.12	96/97
U13	M. Wilson	42.80	90/91
U14	M. Wilson	42.00	91/92
U15	C. Massie	40.80	90/91
U16	M. Obrist	37.06	06/07

Girls

Name	Record	Year
O. Lowe	16.30	90/91
J. McMartin	28.80	90/91
J. McMartin	25.00	91/92
J. McMartin	29.46	92/93
J. McMartin	31.40	93/94
Jessica Latimer	15.00	13/14

Mini Vortex

Boys

Age	Name	Record	Year
U6	Noah Rawlings	11.45	13/14
U7	Lachlan Nash	16.3	11/12

Girls

Name	Record	Year
Emillie Dorrington	9.21	09/10
Josie Holmes	11.05	13/14

Vortex

Boys

Age	Name	Record	Year
U8	Tyler Whitely	23.47	13/14
U9	Rory Liddle	25.37	12/13
U10	C. Briggs	20.20	09/10

Girls

Name	Record	Year
Rebecca Pereira	11.92	13/14
Shakiah Smith	16.07	12/13
Skye Maguire	16.1	11/12

Turbo Javelin

Boys

Age	Name	Record	Year
U9	Brandon McRorie	14.37	13/14
U10	Blake Harris	14.00	09/10

Girls

Name	Record	Year
Isabella Leask	9.58	13/14
Shakiah Smith	12.2	13/14



Bli Bli Club Records

High Jump

Boys

Age	Name	Record	Year
U8	S. Oxley	1.03	01/02
U9	G. Owens	1.15	94/95
U10	S. Myers	1.26	00/01
U11	A. Tones	1.31	97/98
U12	B. Mayes	1.40	90/91
U13	B. Mayes	1.50	91/92
U14	J. Noffke	1.72	97/98
U15	J. Noffke	1.80	98/99
U16	M. Obrist	1.35	06/07

Girls

Name	Record	Year
K. Elford	0.94	90/91
D. Pringle	1.05	92/93
T-J. Williams	1.12	98/99
A. Warry	1.17	92/93
A. Reid	1.36	99/00
S. O'Dempsey	1.46	08/09
A. Reid	1.51	01/02
A. Warry	1.58	96/97
Jessica Latimer	1.35	13/14

Triple Jump

Boys

Age	Name	Record	Year
U10	C. Noffke	8.71	97/98
U11	C. Noffke	9.51	98/99
U12	M. Brooks	9.52	00/01
U13	A. Possee	12.48	90/91
U14	J. Lumley	11.25	03/04
U15	J. Lumley	12.39	04/05
U16	M. Obrist	8.90	06/07

Girls

Name	Record	Year
D. Anders	7.04	95/96
L. Ballard	8.16	06/07
D. Anders	8.85	97/98
D. Anders	10.14	98/99
D. Anders	10.00	99/00
M. Franks	9.50	96/97
E. Edgar	8.57	08/09

Long Jump

Boys

Age	Name	Record	Year
U6	C. Noffke	2.79	93/94
U7	C. Noffke	3.19	94/95
U8	C. Noffke	3.79	95/96
U9	C. Noffke	3.68	96/97
U10	C. Noffke	4.26	97/98
U11	C. Noffke	4.64	98/99
U12	B. Mayes	4.67	90/91
U13	M. Rodgers	4.90	93/94
	B. Bird		08/09
U14	D. Patman	5.53	93/94
U15	R. Ballinger	5.85	07/08
U16	M. Obrist	4.56	06/07

Girls

Name	Record	Year
Mia Lambert	2.50	13/14
E. Sutcliffe	3.07	90/91
D. Pringle	3.36	91/92
D. Pringle	3.72	92/93
D. Anders	3.85	96/96
J. Adams	4.16	92/93
B. Carolan	4.47	90/91
B. Carolan	4.71	91/92
J. Adams	4.95	95/96
J. Adams	4.69	96/97
Jessica Latimer	4.22	13/14





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