

Suncoast Regional Championships - Caboolture - Feb 2012

Note: The program / event start times may be brought forward up to 30 minutes on the day -

athletes should be mindful of clashing events when nominating

* **Finals** will be run at **heat times** where there are insufficient competitors. **NO FINALS for U7 & U8s.**

Medals (top 3 places) will be presented to athletes U9 - U17 progressively as each event is finalised.

SATURDAY February 4, 2012

8.00am	700m Walk Finals	U9 B & G	8.00am	Long Jump	U7 B & G
				Shot Put	U8 B & G
	1100m Walk Finals	U10 B & G U11 B & G		Discus	U10 B & G
				High Jump	U9 B & G
	1500m Walk Finals	U12 B & G U13 B & G U14 B & G U15 B & G U17 B & G			
9.00am	400m Heats*	U13 B & G U14 B & G U12 B & G U10 B & G U15 B & G U17 B & G U11 B & G	9.15am	High Jump	U13 B & G
			9.45am	Triple Jump	U14 B & G
				Discus	U12 B & G
10.00am	60m Hurdles Heats*	U12 B & G U11 B & G U10 B & G U9 B & G U8 B & G	10.15am	High Jump	U17 B & G
			10.45am	Discus	U11 B & G
11.00am	100m Heats*	U10 B & G U9 B & G U15 B & G U17 B & G U14 B & G U13 B & G U12 B & G U8 B & G U7 B & G U11 B & G	11.00am	Triple Jump	U11 B & G
			11.30am	High Jump	U15 B & G
			11.45am	Shot Put	U9 B & G

12noon - Lunch break - Official Opening

			12.30am	Long Jump	U10 B & G
				Javelin	U12 B & G
1.00pm	400m Finals	U13 B & G U14 B & G U12 B & G U10 B & G U15 B & G U17 B & G U11 B & G	1.15pm	Shot Put	U15 B & G
				Shot Put	U17 B & G
			1.45pm	Long Jump	U13 B & G
2.00pm	60m Hurdle Finals	U12 B & G U11 B & G U10 B & G U9 B & G	2.00pm	Discus	U7 B & G
				Javelin	U15 B & G
3.00pm	100m Finals	U11 B & G U10 B & G U9 B & G U15 B & G U17 B & G U14 B & G U13 B & G U12 B & G	3.00pm	Triple Jump	U12 B & G
				Discus	U14 B & G
				Javelin	U17 B & G
3.45pm	1500m Finals	U15 B & G U17 B & G U11 B & G U13 B & G U12 B & G U14 B & G	4.00pm	Shot Put	U13 B & G
				Long Jump	U11 B & G

SUNDAY February 5, 2012

8.00am	200m Hurdle Heats*	U14 B & G U15 B & G U17 B & G	8.00am	Javelin	U14 B & G
				Long Jump PENT	U15 B & G
				Long Jump PENT	U17 B & G

		U13 B & G		High Jump Discus	U12 B & G U13 B & G
8.30am	800m Heats*	U9 B & G U10 B & G U11 B & G U12 B & G U13 B & G U14 B & G U15 B & G U17 B & G	8.15am	Long Jump Long Jump	U15 B & G U17 B & G
9.30am	100m PENTATHLON	U15 B & G U17 B & G	9.00am	Shot Put Long Jump	U14 B & G U8 B & G
9.45am	70m Heats*	U7 B & G U8 B & G U9 B & G U10 B & G	9.45am	Javelin High Jump	U13 B & G U11 B & G
10.45am	200m Heats*	U11 B & G U10 B & G U9 B & G U12 B & G U13 B & G U14 B & G U15 B & G U17 B & G U7 B & G U8 B & G	10.00am	Shot Put Long Jump	U12 B & G U9 B & G
	200m heats cont..	U11 B & G U10 B & G U9 B & G U12 B & G U13 B & G U14 B & G U15 B & G U17 B & G U7 B & G U8 B & G	10.45am	Discus	U8 B & G
			11.00am	High Jump Long Jump Shot Put	U10 B & G U14 B & G U11 B & G
11.45am	Hurdles PENTATHLON (100m, 90m)	U15 B & G U17 B & G	11.45am	Discus	U9 B & G

12.30pm: Presentation of U7 & U8 participation medals					
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			1.00pm	High Jump Javelin Triple Jump Triple Jump Shot Put	U14 B & G U11 B & G U15 B & G U17 B & G U10 B & G
1.30pm	70m Finals	U9 B & G U10 B & G			
1.45pm	Sprint Hurdle Heats* (100m,90m,80m)	U15 B & G U17 B & G U14 B & G U13 B & G	2.00pm	Discus PENT Discus PENT Long Jump	U15 B & G U17 B & G U12 B & G
2.00pm	200m Hurdle Finals	U14 B & G U15 B & G U17 B & G U13 B & G			
2.45pm	200m Finals	U9 B & G U10 B & G U11 B & G U12 B & G U13 B & G U14 B & G U15 B & G U17 B & G	2.45pm	Discus Discus Shot Put	U15 B & G U17 B & G U7 B & G
			3.30pm	Triple Jump	U13 B & G
3.15pm	800m PENTATHLON	U15 B & G U17 B & G			
3.30pm	800m Finals	U9 B & G U10 B & G U11 B & G U12 B & G U13 B & G U14 B & G U15 B & G U17 B & G			
3.45pm	Sprint Hurdle Finals (100m,90m,80m)	U14 B & G U13 B & G U15 B & G U17 B & G			